

Publications

	Quantity	Total
Questioning the Solution: The Politics of Primary Health Care and Child Survival by David Werner and David Sanders	US \$18.00 US \$25.00 US \$21.00	Soft-English Hard-English Spanish
Nothing About Us Without Us: Developing Innovative Technologies For, By and With Disabled Persons -- by David Werner	US \$15.00	English or Spanish
Disabled Village Children <i>El Niño Campesino Deshabilitado</i> By David Werner	US \$23.00	English or Spanish
Where There Is No Doctor <i>Donde No Hay Doctor</i> By David Werner	US \$18.00	English or Spanish
Helping Health Workers Learn <i>Aprendiendo a Promover la Salud</i> By David Werner & Bill Bower	US \$22.00	English or Spanish
Where There Is No Dentist <i>Donde No Hay Dentista</i> By Murray Dickson	US \$12.00	English or Spanish
Life After Injury: A Rehabilitation Manual for the Injured and their Helpers By Liz Hobbs, Susan McDonough and Ann O'Callaghan	US \$30.00 \$10.00 (Poor countries)	English
Newsletter From the Sierra Madre Now primarily an Internet publication! Please see other side of this Insert. Be sure to include your e-mail address!	3 issues/\$15.00 6 issues/\$28.00	English
Viviendo de Nuevo con Daño Medular (DVD) <i>Return to Life After Spinal Cord Injury</i> , by Peter Brauer	US \$20.00	Spanish (with English subtitles)
Our Own Road / Nuestro Camino A VHS video about PROJIMO Produced by Charlotte K. Beyers, Directed by John Montoya	US \$20.00	English or Spanish
NEW! CD/DVD of Community Based Rehab assistive technology workshops by D. Werner in India, 2005	\$15 Poor country price: \$3.00	English (Indicate CD or DVD)

Tax Charge for Books and videos: 8.25% for California residents only.

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Most of these books are also available from: **TALC**—Teaching-aids At Low Cost
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Also see www.politicsofhealth.org

On Becoming an Internet Publication

David Werner has been reporting on his groundbreaking health and disability initiatives through this Newsletter since 1967, and we are happy to continue publishing it. The confluence of two significant factors have prompted our recent decision to become primarily an online Internet publication.

First, in April, 2007, the U.S. postal service **discontinued international surface mailing** entirely. (For our domestic mailing we still can use our inexpensive nonprofit surface rate.) Although we appreciate the speed of air mail, at \$2.70 per overseas Newsletter, (\$1.31 for Canada and \$1.55 for Mexico) the cost is prohibitive, especially since much of our international readership cannot afford to subscribe.

Second, on a fragile planet with finite resources, we have been very concerned about the use of paper (albeit recycled paper), as well as the fuel required to transport these newsletters to 130 countries around the world.

Fortunately, more and more people and groups have Internet access, making this change feasible. However, many people and groups do not

have access, or adequate bandwidth, to download the newsletter. Therefore, a small number of printed Newsletters will be available to those who cannot download it.

IMPORTANT: We need your e-mail address to send e-mail notifications of upcoming issues! Be sure to provide us with all e-mail addresses you wish us to notify. Please send a request to newsletter@healthwrights.org.

Previous issues can also be found at: www.healthwrights.org/newsletters.htm

We would appreciate your continued **subscription payment** to help us offset production costs, and to continue sending the Newsletter to persons and groups—primarily in poor countries—who lack Internet access and cannot pay to subscribe.

In preparation for this issue, we have done a significant amount of updating of our mailing list. We only want to contact those who want our Newsletter. **If we do not hear from you at all**, we will, reluctantly, remove you from our Newsletter mailing list. We look forward to hearing from you. Thank you for your support!

Spanish Training Program at PROJIMO in rural Mexico

in the village of Coyotitan, 40 miles NW of Mazatlan

- Learn conversational Spanish in a rural setting.
- Volunteer in an innovative, empowering, community-based project.
- Begin any time. Stay as long as you choose.
- Individual instruction by disabled villagers.
- Live and practice Spanish with a local family.
- Typical Mexican food (vegetarians welcome)
- Health workers, activists, and disabled travelers especially welcome.
- Cost: US\$150 per week—room and meals included.
- Wheelchair accessible

For more information on the program, see: www.healthwrights.org/spanishtraining.htm

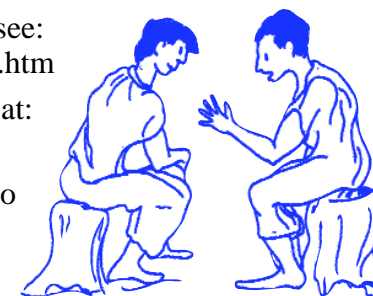
To arrange a visit, contact the program at:
Proyecto PROJIMO A.C.

Coyotitan, San Ignacio, Sinaloa, Mexico

Tel and Fax: 011 52 (696) 962-0115

Email: PROJIMO@gmail.com

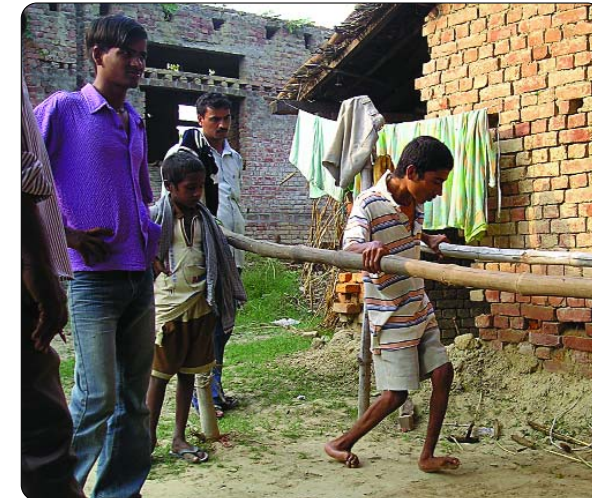
Help PROJIMO be more self sufficient by spreading the word about this course.



HOW CAN I TEACH
BUT TO A FRIEND?

NEW! Three New CBR Slide Shows on CD/DVD

In 2005, David Werner visited India where he conducted CBR workshops in three regions. These workshops provided material for three new extensive slide shows, each narrated, detailing the interactive process of the workshop participants, the disabled individuals, and their families. These heartwarming, yet pragmatic stories show how, by working together and putting the disabled person at the center of the process, assistive devices can be tailor made to better fit his or her needs. Order the CD or DVD from the other side of this flier.



HealthWrights Needs Donations For Our Continuing Work

HealthWrights is very active in providing health and disability related materials to communities around the world, through our books, newsletters, interactive workshops and slide shows.



Our HealthWrights web site alone received over 200,000 visitors from 67 countries in the last year, many downloading pages from our books (see www.healthwrights.org).

In addition to developing and disseminating information through various media, David Werner's transformative interactive workshops touch the lives of many disabled people—both directly in the workshops themselves, as well as through those assisted by the participants in the workshops, who take what they've learned and use it in their own communities. We get many letters from community rehabilitation workers, discussing the details of their work. David continues providing ongoing support and advice to many communities around the world.

Please give generously, so that we can continue providing these essential materials and workshops.



Our groundbreaking Politics of Health web site (www.politicsofhealth.org) continues to grow. With many original and contributed articles, it is gaining a reputation as a respected resource in this critical field.



Jayaram takes his first steps during one of David Werner's workshops in India.

Update on PROJIMO

PROJIMO in Coyotitan. One of the biggest challenges for disabled children as they grow up is to earn a living. This is especially hard for young people with multiple disabilities. Jesus Ortega was born with spina bifida and hydrocephalus. As a child he lost one leg because of a bone infection, and became nearly blind from meningitis. Yet as he grew up, he was determined to become independent. He now lives in his own small house behind PROJIMO, in Coyotitan village.

With the help of a modest start-up fund from Stichting Liliane Fonds in Holland, last spring Jesus began a chicken raising project, in partnership with Virginia, a young women with brittle bone disease. At first it was suc-



Peddling peanuts, Jesus already earns enough to cover most of his food costs.



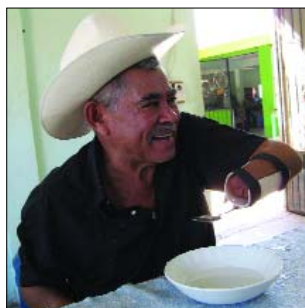
Jesus has gone into partnership with Atilano, who is spinal cord injured and rides a gurney while he recovers from pressure sores. Here they are packaging the peanuts.

cessful, but in the summer rains some chickens developed foot rot. Others were stolen. So with what was left of his chicken earnings, Jesus decided to start a new trade: vending cacahuates (peanuts). He buys fresh-roasted peanuts in bulk, packages them in small plastic bags together with tiny bags of salt and chili pepper, and sells them on the road and in town for a handsome profit.

(Continued on other side)

Update on PROJIMO (Continued from other side)

Loss of the hands makes independent living especially difficult. As a result of electric burns, Roberto lost one hand completely, and the other was left rigid and deformed.



To help Roberto learn to feed himself, at PROJIMO Armando made Roberto an assistive device to hold a spoon or fork. First he made it for one limb and then the other, so Roberto could experiment with each. Roberto decided the aid on the deformed hand was easier.

The PROJIMO Children's Wheelchair Program in Durangito is reaching out to new areas—including the town of Escuinapa, south of Mazatlan. Recently they delivered custom-made wheelchairs to a group of children, and evaluated new children needing chairs.



Raymundo evaluates a child for a wheelchair. The fact that those who design and make the chairs are themselves disabled provides an excellent role model for the children needing wheelchairs.

Children's Wheelchair Program in Durangito



This boy with muscular dystrophy had been given a donated chair that was much too big, and difficult for him to push.



His custom designed chair makes moving about much easier. The chair also provides stability for his younger brother, whose body is also growing weaker because of muscular dystrophy.



While his PROJIMO-made chair makes it easier for self-mobility around the house, his father says he will continue to use the bigger heavier chair to take the children to school. Why? Because he can transport both of them in the chair at once!



With her father's help, Raymundo makes final adjustments to a chair tailor made for this girl.